

April 22, 2018 • Vol. 72 • No. 16

**FOURTH SUNDAY OF EASTER/
EARTH DAY SUNDAY**

1 Corinthians 12:27

10:00

Worship, Molly Baskette & Steve Almond, preaching; Amar Khalsa, musician; Elizabeth Forsyth, organist; Derek Tam, Music Director, *Sanctuary Musical Highlights*, "Prelude for Peace," Holly Coates-Bash and Nancy Knop, harp; Amy Hiestand, vocalist; "Lead Me, Guide Me," First Church Gospel Choir; Derek Tam, piano; Bill Coffin, drums; "Lord, Have Mercy," Songs of the Soul, Linda Crebbin-Coates, director

11:15

After Party, Terrace

11:45

Learning Hour, Steve Almond, Rev. Molly, Marvin K. White & Rev. Lynice Pinkard will engage in lively discussion, *Sanctuary*

Steve Almond Preaches this Sunday!

Steve Almond (author of *Bad Stories: What the Hell Just Happened to Our Country*) will co-preach with **Rev. Molly** this **Sun., Apr. 22**. They will continue



the conversation at the **Learning Hour at 11:45 am** in the **Sanctuary**, along with **Marvin K. White** and **Rev. Lynice Pinkard**.

Almond describes his new book as his attempt to make sense of our historical moment, to connect certain dots that go unconnected amid the deluge of hot takes and think pieces. Almond looks to literary voices from Melville to Orwell, from Bradbury to Baldwin, to help explain the roots of our moral erosion as a people.

What Do We Need to Learn?

The **Adult Education Ministry** would like your ideas on future Learning Hours, which usually take place Sunday mornings after worship. This **Sun., Apr. 22**, a short questionnaire will be in the order of worship. Please take a moment to fill it out and tell us what would compel you to stay for the Learning Hour and/or what you think our community needs to know more about. We look forward to your ideas!

Reduce, Reuse, Recycle for Earth Day

In honor of **Earth Day**, be on the lookout this **Sun., April 22** at the After Party for tips on reducing waste. The **Green Team** will have a small display of reusable items and methods to reduce use of plastics and other hard-to-recycle materials.



Help Create a Church Directory in "Realm"

The church has a new database called **Realm** that has some really wonderful capabilities. One of those is



to serve as an online, secure, password-protected **church directory (with pictures!)** for our community. If you are part of the church, you are likely already "in" Realm, but only staff and administrators have access to your information.

In order to make Realm work as a directory, we need to have each individual in the church register, check their profiles, add a photo and set their privacy settings to "Everyone in Our Church." This will allow your contact information (name, address, phone, email or any subset of those) to be shared with other members of the community who are also registered. You will have control of what information is shared!

If you are used to signing up for things online, the process will be easy. **To begin, though, you must contact Louise Halsey (lhalsey@fccb.org)** to let her know you want to be registered. You will then receive an email invitation through the Realm system with easy-to-follow steps. Once you are in, find your profile, add a photo and set your privacy setting to "Everyone in Our Church."

Being registered in Realm will also provide you with other capabilities down the road. Stay tuned for those!

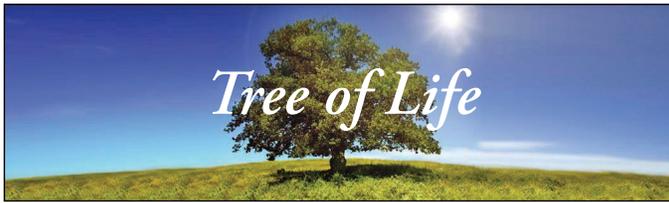
Here are the "quick steps" to signing up: <http://bit.ly/realmquicksteps>.

Helpful "techies" will be on hand after church this **Sun., Apr. 22** to get you signed up as well.

Rebuilding Together this Saturday and Next!

April showers bring more worries than flowers when your roof is leaking. **Rebuilding Together, East Bay** has matched our intrepid FCCB volunteers with a Berkeley home in need of roofing and plumbing repairs plus lots of clearing of debris and vegetation. We need many volunteers (led by Captain **Moe Wright**), from ages 14 to 94, for **Sat., April 21 & 28**. The work will go from **9 am-5 pm**, but you may also sign up for a portion of the day. Contact **Carolyn Cox** for more info and to sign up. And, as Sappho said, "Raise high the roof beam, carpenters!"





Prayers for **Elizabeth Driver-Bucholtz** as she undergoes knee surgery later this week.

Prayers for **Don & Nancy McKay** and their family. Don is in treatment for metastatic cancer.

Prayers for **Joanne Brown** who is undergoing cancer treatment in Santa Fe. Cards are welcome.

Continued prayers for **Frankie Wei** (1460 Dwight Way, Berkeley 94702) and **Laura Burkhauser**, both undergoing cancer treatment.

NVC Workshop Sat., May 5

The **Adult Education Ministry** invites you to a **Nonviolent Communication (NVC)** workshop on **Sat., May 5, 9:30 am–12:30 pm** in **Loper Chapel**, led by Executive Director of BayNVC **Roxy Manning**.

Roxy will lead us in an introduction to NVC with plenty of opportunities to explore feelings and needs and to work with observations/judgments in both small and large groups. This training is suitable for high schoolers and older (middle-school youth may attend with parental consent). Pre-registration is required. We need a minimum of 25 participants to hold the workshop, so please register early. **Register after worship this Sun., Apr. 22**, or contact **Judy Huston** or **Louise Halsey** (lhalsey@fccb.org) to sign up or for questions. Childcare is available and refreshments will be served.

Upcoming Workshops

- **Spirituality & Stewardship for the New Millennium, Sat., May 12, 9:30 am–3 pm, Loper Chapel.** Led by **Rev. Michael Piazza**. RSVP to lhalsey@fccb.org (by **Mon., May 7**; lunch provided)
- **Mindful Caregiving, Sat., June 16, 9 am, Loper Chapel.** Led by **Roy Remer & Zen Hospice Project**. RSVP: lhalsey@fccb.org

THE CARILLON

Margaret Copeland, Editor
Phil Porter, Minister of Art & Communication
Weekly deadline: 9 am Friday
Email submissions to: mcopeland@fccb.org

All submissions are subject to editing.

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The View from Here

Rae Sing

Chair, Families, Children & Youth Ministry



Put your Feet Where Your Faith Is

My children and I have participated in the Berkeley CROP Hunger Walk faithfully for a number of years, as a form of spiritual activism accessible even when they were young. In those early years, the Walk appealed to their desire to experience the world with their whole selves, and to their intuitive recognition that compassion entails more than feeling love or speaking out for others — it requires doing something.

Each year, the Walk is a bit different: the route changes, the weather varies, familiar faces are joined by new ones. I have come to appreciate that each spring, the Walk and our conversations around it provide me a glimpse into each child's faith journey, a snapshot of the wondering and inner narrative that animates that journey. The first time we walked, my children embraced the opportunity wholeheartedly — excited to be outdoors with other kids from church, joyfully wielding signs, meeting up with other congregations and savoring a sandwich from Subway. Our walking could help people struggling with poverty and other challenges around the world with the money we raised. God is good!

Over the years, the tests of faith along the Walk have evolved, from “my toe hurts” to the terrifying possibility classmates might see them and how embarrassing that would be. Deeper questions have emerged. “If God is so great, why are there things like drought and war?” “Why do people need our help — God can help them!” or “What difference can one walk make?” and “Why do we have to do this every year? Didn't we raise enough money last year?” “Where is God?”

A few years ago, the day of the CROP Walk was unusually hot and humid. My son protested incessantly, “It's so *hot*, why do we have to *walk*? Can't we just turn in the money?” I was feeling the heat, and life's challenges had me a bit frayed. “It's about more than the money,” I told him curtly, struggling not to chide like my parents. “Stop whining and keep walking.” Out of my mouth popped, “You need to put your feet where your faith is.” I had no idea what that actually meant, but it satisfied my son at the time.

I find myself still pondering what it means today. This year, I anticipate push back from my teens (I can already hear their “Again?!”), but also a greater capacity to understand why “Again.” I will get my annual glimpse. And, faithful we will strive to be, putting one foot in front of the other, in the company of others, towards a better world for all, realizing we can question and wonder and walk at the same time. God is there.

Congregational Care Available to You

We are blessed with a deep bench of pastors and other caring people in our community! **Revs. Kit** (reverendkit@gmail.com) **Rachel** (rbauman@fccb.org) and **Molly** (reverendmolly@gmail.com) would like to periodically remind our congregation of the various avenues of pastoral care available to you. Here's how it works:

PASTORAL EMERGENCY LINE — If you have a pastoral emergency (sudden illness, death, other critical incident), call **510/859-8876**. Either **Kit**, **Rachel** or **Molly** will get back to you ASAP. We suggest adding this number to your contacts (do it now!).

“CHAPLAINCY” — For more general and less pressing pastoral concerns, each pastor has in their purview a subset of the congregation: **Rachel**, families with young children; **Molly**, families with teenagers, **Kit**, young adults. (This doesn't mean folks in those groups can't speak to a pastor who is not their “chaplain.”) For adults age 35+, all three pastors are available to you!

OFFICE HOURS — **Kit** hosts weekly coffee shop office hours, open to all (check the First Church Google calendar). **Rachel** hosts regular office hours with folks at the **Lake Park** retirement community. **Molly's** hours are on Tuesday mornings or evenings (see *Carillon* Weekly Calendar). This is a good time for 1:1 conversation and prayer about whatever is on your mind, or stay with all gathered and crowdsource your spiritual needs amidst community! **Molly**, **Kit** and **Rachel** are also available for individual appointments. Email us!

Along with your pastors, here are the other ways we support each other through hard times, big transitions or just the ordinary ups and downs:

BEFRIENDERS — BeFrienders are trained lay volunteers who are matched one-on-one with anyone who needs a confidential listening presence. Our current BeFrienders are: **Carolyn Ash**, **Leonard Ash**, **Ann Jensen**, **Rick Ayer**, **Jacki Dennis**, **Annis Kulkan**, and **Kathy Helliesen**. Contact **Rachel** if you would like more information or to be

matched with a BeFriender. BeFrienders are available for short-term pairing after critical incidents or longer-term support.

VISITATION TEAM — Visitation team volunteers are linked with members of the congregation who are 75+, and/or have mobility issues and therefore find it hard to get to church and/or who would like a monthly visitor. Contact **Louise Halsey** (lhalsey@fccb.org) if you would like to join the visitation team or if you would like to be matched with a visitor.

HEALING PRAYER — Staff ministers and ministers who are members of the congregation are available for extemporaneous healing prayers during communion, and every week at the immediate conclusion of the service.

PARISH NURSE — Our parish nurse **Robin Kempster** is available for questions about medical issues and/or referrals to local health resources.

OPERATION LOVE NOTES — The art of snail mail is alive and well at First Church! The **Ministry of Care, Fellowship and Invitation (CF&I)** hosts card writing for those in our community who are homebound, faraway, ill, recovering from injury, surgery or having a difficult time. Open to all ages, and held quarterly on Sunday mornings.

“HELPING HANDS” MEAL TRAIN MINISTRY — **CF&I** helps coordinate meals and/or other support for those in need due to surgery, illness, a new baby or other life challenges, using email, phone and the web-based service **Lotsa Helping Hands**. Want to request meals/support for yourself or others? Contact Helping Hands coordinator **Linda Sawyer** at **FCCB**. Helping.Hands@gmail.com or **Rev. Kit**. Contact **Linda** if interested in being some of those helping hands.

Sunday Video

View the video from the **Sun., Apr. 15** 10 am service at: www.fccb.org/live-sunday-morning-webcasts.

Did You Know...?

...that **Rev. Molly** just accepted a book deal with **Convergent/Random House** for her new book, tentatively titled *Fear Not Parenting: Marrying Science and Spirituality to Parent in a Chaotic World?* She and co-author **Dr. Ellen O'Donnell** will finish the manuscript in the coming months!

Healing Steps

Earlier this month, several people began an “Emmaus Walk” in a healing dyad to deepen a relationship with someone who voted differently in the affordable housing survey — stepping together in fellowship and intimacy with a sibling in Christ. As part of the Council decision to pause the discussion of affordable housing on campus, the Council supports the intentional use of the next 18 months to heal from wounding discourse, and actual and perceived divisions among church membership, with the help of the Holy Spirit. The Emmaus Walk is one way for healing. There are many other ways, and each has their own path for healing. Upcoming healing events being considered include a facilitated dialogue to provide healing through listening, understanding and reconciliation and a drumming circle to provide healing through musical expression. Do you have an idea for an activity to promote healing? If so, we'd like to hear from you. Please send your ideas to Moderator **Kara Korbel-Chinula**, Moderator-Elect **Leonard Ash** or **Rev. Molly** (reverendmolly@gmail.com).

Coming Up!

Spirituality & Stewardship in the New Millennium

Sat., May. 12, 9:30 am, Loper Chapel

Parenting Workshop: Compassionate Communication

Sun., May. 20, 11:45 am, Pillar Room

THE CARILLON

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Bits and Pieces

FCCB Book Group

Fri., May 11 — *The Soul of an Octopus* by Sy Montgomery at Anne Rowe's house

Fri., Jun. 8 — *Country Driving* by Peter Hessler. Place and leader TBA.

Deckers Walk the Plank!

Come join the **Deckers** for beer and bocce ball on **Wed., May 23 at 4:30 pm**

at **The Plank**, located in **Jack London Square** in Oakland. Meet at the courts! (The Deckers is a fellowship group mainly of folks in their 60s and up; but all are welcome!)

*The annual tree planting with **Urban Releaf**, organized by **Emma Fujii** and the **Green Team**, drew some 20 First Church members and children. Founder **Kemba Shakur** and **Kevin Jefferson** of Urban Releaf Oakland sponsored and directed the event at Glenview School, Market and 53rd Streets. After two hours of hard work, the group had planted eight Linden trees, some set off by drought resistant Mexican marigold plants.*

Weekly Calendar

Sunday April 22

MENTAL HEALTH MINISTRY LEADERSHIP TEAM
8:45 am, Room 7, EBSB

SONGS OF THE SOUL REHEARSAL
9 am, Room 4, EBSB

WORSHIP
10 am, Sanctuary

AFTER PARTY
11:15 am, Terrace

LEARNING HOUR: STEVER ALMOND & REV. MOLLY
11:45 am, Sanctuary

YES YOUTH GROUP
11:45 am, Tower Room

GOSPEL CHOIR REHEARSAL
11:45 am, Sanctuary

Tuesday 24

REV. MOLLY'S OFFICE HOURS
9-ish–10:30 am, 1951 Coffee Company
2410 Channing Way, Berkeley

STAFF MEETING
1 pm, Durant House

CHURCH COUNCIL
7:15 pm, Durant House

Wednesday 25

YOUNG ADULT LIFE PATHS POTLUCK
7 pm, Loper Chapel

BIBLE STUDY
7 pm, Durant House

Thursday 26

BELL CHOIR REHEARSAL
6:45 pm, Pillar Room

SANCTUARY CHOIR REHEARSAL
7 pm, Sanctuary

Saturday 28

MINDFUL SELF-COMPASSION TRAINING
9 am, Loper Chapel

REBUILDING TOGETHER
9 am, Offsite

Winthrop & YES News

thilton@fccb.org

YES

- **Sun., Apr. 22, 11:45 am**, OWL, Tower Room
- **Sun., Apr. 29, 1 pm**, Crop Hunger Walk, Offsite

Winthrop

- **Fri., Apr. 20, 6:30–9 pm**, Friday Night Hangout
- **Fri.–Sun., Apr. 27–29**, Confirmation retreat, Offsite

Children & Youth News

- **Sun., Apr. 22, Earth Day!** Fam-ChY will host child-friendly activities **after worship** in the rear play yard. **Mary Hvistendahl** is spearheading hands-on activities that honor and celebrate Mother Earth, from releasing ladybugs to creating take-home observable compost jars. If you are interested in helping, contact Mary. Please bring a 20-oz. jar (pasta sauce, jam, etc.) for your child, so we are sure to have enough jars.
- **Sat., May 12, Kids' Night In**
Parents get a night out the eve of Mother's Day with Kids' Night In! First Church kids ages 0–11 are welcome for an evening of socializing and play. For more information, contact **Katie Sparks**.



Young Adult News (reverendkit@gmail.com)

- **Office Hours, Wed., Apr. 25, 11 am–12 pm**, Flowerland, 1330 Solano Ave, Albany
- **Life Paths Potluck, Wed., Apr. 25, 7 pm**, Loper Chapel
- **Spring Retreat, Sat., Apr. 28, 10 am–4 pm**, Dillon Beach
- **Theological Book Group, Sun., May 5, 2–3:30 pm**, Tower Room