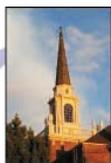


FCCB THE CARILLON



First Congregational Church of Berkeley • United Church of Christ • Berkeley, California

June 10, 2018 • Vol. 72 • No. 23

THIRD SUNDAY AFTER PENTECOST

2 Corinthians 4:13–5:1

10:00

Worship, Loi Almeron, preaching; Amar Khalsa, pianist; Elizabeth Forsyth, organist; Derek Tam, Music Director, Sanctuary

Musical Highlights, “Adagio,” *Concerto for Clarinet*, W.A. Mozart; Amar Khalsa, clarinet, Elizabeth Forsyth, organ

11:15

After Party, Terrace

11:15

Operation Love Notes, Cloister

11:15

Second Sunday Sandwiches, Cloister

11:45

Mental Health Promotion Seminar, on Mindfulness, Loper Chapel

11:45

Compassionate Parenting

Workshop, focusing on Teens & Tweens, Pillar Room

11:45

New Members Class, Durant House

New Members Class

Please join us for our next **New Members Class** this **Sun., Jun. 10**. **Rev. Rachel** will lead the class at **11:45 am** in **Durant House**. Lunch will be provided; childcare is available if you let us know in advance. There is no obligation to join if you attend the class.

On **Sat., Jun. 16**, there will be a crepe-making dinner at **Kathy Helliesen's** home. **Joining Sunday** will be **Sun., Jun. 17** at the **10 am worship service**. Please contact one of the ministers or **Kathy Helliesen** for more information and to let us know you are coming.

Mindful Caregiving in June

On **Sat., June 16**, **Roy Remer** and the **Zen Hospice Project** will present an intriguing and challenging day-long workshop on **Mindful Caregiving**. In addition to brief meditations, the workshop will include such topics as cultivating mindfulness for meeting grief, looking at loss at the end of life, cultivating compassion in the experience of loss and contemplating one's own death. Participants will also learn practical tools to support caregivers in applying mindful caregiving techniques. It will begin at **9 am** in **Loper Chapel** and includes a light lunch. Attendance is limited to 30 participants, and a donation of \$40 per person are encouraged. To reserve a spot, contact **Bob Stumpf** or call the church office at 510/848-3696.



Mental Health Seminar on Mindfulness

What do these three things have in common? **1.** “*Be still and know that I am God.*” Psalm 46:10; **2.** Paying attention, on purpose, in the present moment, with no judgment; and **3.** Evidence-based treatments for mental illness. Come find out in our next **Mental Health Promotion Seminar on Mindfulness** this **Sun., June 10, 11:45 am–1 pm**, in **Loper Chapel**. In this seminar, we will learn about what mindfulness is, and why it is a vital part of maintaining our mental health and preventing and promoting recovery from mental illness. All are welcome.

Operation Love Notes

The **Ministry of Care, Fellowship and Invitation** is sponsoring another **Operation Love Notes** card-writing session after worship this **Sun., June 10** in the **Cloister**, and invites you to join them to write loving notes to those in our congregation who need them.

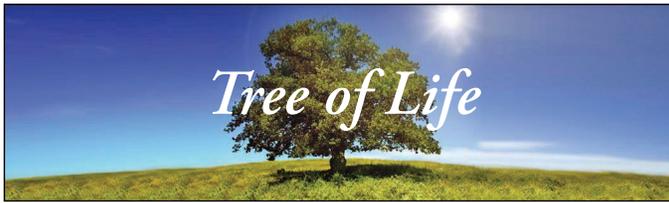
Summer Small Groups — Leaders Wanted!

We are looking for 8-10 people interested in leading or co-leading a **summer small group**. The vision for these small groups is to provide opportunities to deepen our relationships with each other through spending intentional time together outside of Sunday morning worship. Groups can be centered around an interest area such as **hiking, birdwatching, knitting, park-picnics, music, cooking, poetry, painting or sharing a meal together**. Each leader will be provided tools and support in structuring their group to facilitate conversation and nurture connection among participants. Expectations for leaders include: working with Minister of Community Life **Rachel Bauman** (rbauman@fccb.org) to develop the idea/theme for your group, participating in two leader meetings (one in June, one in September) and leading 4-6 gatherings for your group between July and mid September. Contact **Rachel** by this **Sun., Jun. 10** if you are interested or would like more information. Stay tuned for news about the various groups and how to join.

Preaching Schedule

Sunday, Jun. 17, Molly Baskette

Sunday, Jun. 24, Rachel Bauman



Prayers for former member **Marian Conning**, mother of former members **Sarah & Jim Conning**, who died unexpectedly last week in her sleep. Memorial service plans are forthcoming.

Continued prayers for **Joanne Brown**, **Laura Burkhauser** (who is officially in remission), **Don McKay**, **Frankie Wei** and their families.

Congratulations to **Alexa Maremaa** (**Mollyanne Brewer's** daughter) & **Matt Casey**, who were married Sat., June 2. Former Minister of Community Life **Adam Blons** performed the service and his two daughters were flower girls.

Frances Townes' memorial service will take place on **Sat., June 23 at 1 pm** in the **Sanctuary**, with a reception afterwards in **Loper Chapel** and the **Pillar Room**. Frances died on Feb. 5.



First Churchers went to Franklin Graham's "revival" Friday night in Berkeley with signs to share the good news that everyone is loved by God. To read Molly's testimony about the event, go to <http://bit.ly/2kQ8iez>. (Also present was Carolyn Ash, who took the photo.)

Sunday Video

The video from **Sun., June 10**, 10 am service is available, as is the video from **Sun., May 27**.
www.fccb.org/live-sunday-morning-webcasts.

THE CARILLON

Margaret Copeland, Editor
Phil Porter, Minister of Art & Communication
Weekly deadline: 9 am Friday
Email submissions to: mcopeland@fccb.org

All submissions are subject to editing.

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The View from Here

Trust Hilton

Director of Youth Ministries/Emerging Leader



This past year, I had the privilege of journeying with our youth. Now, I have the privilege of sharing their words. Here are some excerpts from the confirmation class's Faith Statements. I wish that I could fully convey the depths of genuine spiritual engagement and nuance that I witnessed in the conversations following these statements. Instead, I encourage you to consider the following statements, and then build relationships with our church's newest members.

"I believe that one's faith is individual for each person and based off of the relationship between important aspects and people in that person's life, and the way that they respond to these relationships." This is one of the most UCC things I've ever heard. It echoes with the earliest Reformation leaders, who emphasized that genuine faith requires freedom of conscience, where the person chooses their faith without coercion. Plus, the emphasis on "relationship" is central to UCC theology. We are a Covenantal church, so we share a special reciprocal bond with God and community.

"My religion is Christian and I want it to be that way." I remember this youth being impressed with City of Refuge and our neighbors at the Jodo Shinshu temple, and half-jokingly saying "Bye, Trust. I'm joining City of Refuge." Because of that moment, I realized that this statement was not just an acknowledgement of affiliation. It's an informed declaration that this youth considered options, wrestled with our pros and cons and ultimately chose to belong in our family.

"Overall, I have mixed feelings about the Bible and religion in general." If you're completely comfortable with the Bible and religion, you're probably not paying close enough attention. I am humbled by this youth's willingness to articulate concerns while also engaging in our tradition. It's simple enough to fully accept, or fully reject, millenia of tradition. It takes much more work to continuously engage the problems and nuances.

"Science brings us closer to God... The human body is actually stardust, we are a part of the universe, a part of God; but what's significant is that God is all a part of us." In our discussion, this youth added, "We are part of each other." I confess, this statement deepened my faith. It made more tangible the ancient Christian teaching that we are all children of God by speaking the language of modern inquiry. This theology is both ancient and brand new.

Without further commentary, we'll close with one more excerpt: "My conviction is this: There is a certain kind of love, a God love, an indefatigable love, that surmounts any obstacle in its path. I know this building harbors this God love. Even if it is sometimes hard to discern, it's there and it's there to stay."

Amen.

Support Our Accompanied Family this Saturday!

The **Accompaniment Team**, a subset of our church's **Sanctuary Ministry Team**, invites you to support our accompanied family **Raul** (detained), **Dianeth, Denis** (16) and **Alexa** (14) in these tangible ways:

- **Attend the vigil** (hosted by the **Inter-faith Movement for Human Integrity**), where our family will give testimony, this **Sat., June 9**, at **11 am**, **West County Detention Center** (5555 Giant Hwy, Richmond).

- **Help us buy a Quinceañera dress for Alexa.** After a challenging 16 months for the family with Raul detained, having to sell their house and both teenagers having to find jobs, our team wants to do something special for Alexa's upcoming 15th birthday. We are buying a Quinceañera dress for her to wear at the vigil to dance the traditional father-daughter waltz with her brother and at her modest Quinceañera party this summer. We are halfway toward paying for it. You can donate at **Venmo** ([@andrea-trexler](https://venmo.com)) to **@andrea-trexler**.



If you missed our accompanied family's testimonies during worship last Sun., June 3, go to the webcast. They spoke movingly about the challenges of living as undocumented immigrants and about the impact of having Raul detained without due process for the past 1-1/2 years. After worship, we made posters for the vigil, which you can help us hold up as upstanders next to our family.

Giving Statements Are Now Delivered via Email

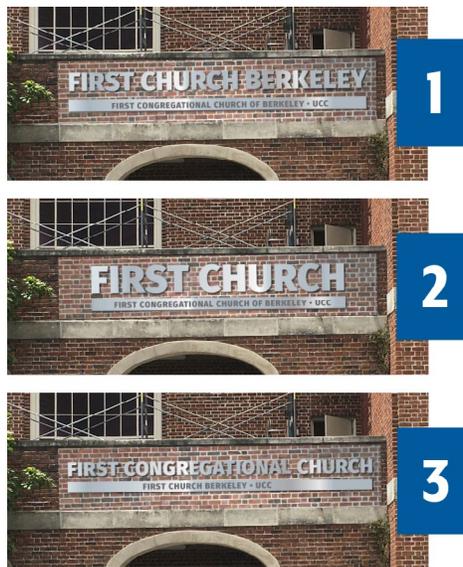
On **Fri., June 1**, First Church's new online database **Realm** emailed **Giving Statements**. If you did not receive yours, or if you would prefer a printed copy, contact **Kit Dunbar** at KDunbar@FCCB.org.

Outside Sign Survey

Members of the **Ministry of Stewardship, Finance and Administration** and church staff have been working on the design of a **new sign** to be installed on the outside of the church. The congregation is invited to give input on the wording of the sign, choosing among three proposals.

It will be constructed from aluminum and will be three-dimensional. The large letters will be cut and mounted individually. The words in the metal bar will be cut in reverse (the letters will be empty space in the bar). All parts of the sign will be mounted with space between them and the bricks, with lighting behind to give it a back-lit glow at night.

Here are the three options:



Congregation members are invited to indicate their preference through an informal poll. Look for the display and voting box in the **Hall of Entrance** on **Sundays, June 10, 17 & 24** where there will be mock-ups of the three designs. The Church Council will make the final decision about the sign at their meeting on **Tues., June 26**, taking into account congregational input.

After a design decision is made, the church will need to go through a permitting process with the city of Berkeley, so the schedule for installation is still to be determined.

SAVE THE DATE! Pride is coming, Fri., June 22–Sun. June, 24!

Did You Know...?

...that following up on last Sunday's service, you can find some excellent video resources (great for kids) about **moving from "bystander" to "upstander"** (especially in relation to **bullying**) at <https://edut.to/2kKobmS>?

...that **Carolyn Ash** invites all interested folks to teach **Summer Sunday School** with her (no experience necessary, just a love of kids, music or outside play) to give the program-year teachers the summer off? You can teach every Sunday or less often! Email **Carolyn** (clash@fccb.org) if interested.

...that a **Meal Train** has been set up to provide **Kit Novotny** and **Nate Klug** with yummy meals while they settle into parenthood? Go to <https://mealtrain.com/20ywg5> to sign up.

Meal Train for Frankie Wei's Family

As you know, **Frankie Wei** and his family are coping with Frankie's advanced cancer. A **Meal Train** online meal support schedule has been set up for them. Please consider dropping off a meal at their house, which is close to church. There are other support options and details on the Meal Train site (e.g. provide gift certificates). In the notes section of the calendar, you may include the estimated time when you will be bringing the food. Frankie's brother has expressed how much they appreciate the support FCCB has shown through these meals.

You can sign up for Meal Train for Frankie and his family at <https://www.mealtrain.com/trains/3495ry/>.

Coming Up!

Juneteenth Reception for Marvin K. White

Tues., Jun. 19, 6 pm, Offsite

THE CARILLON

(USPS 354-370)
Established 1947

Published weekly except between Christmas and New Year's and biweekly in July and August by First Congregational Church, 2345 Channing Way, Berkeley, CA 94704-2201. Telephone 510/848-3696. POSTMASTER: Send address changes to **The Carillon**, 2345 Channing Way, Berkeley, CA 94704-2201.

PERIODICALS POSTAGE PAID AT BERKELEY, CA

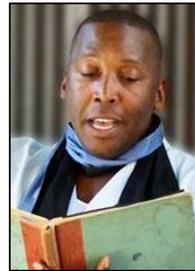
Bits and Pieces

Juneteenth BBQ Reception for Marvin K. White

Remembering **June 19, 1865**, the day when enslaved Texans learned at last of the **Emancipation Proclamation**, we commemorate the peace and freedom that came that day and lift up the vision of it in our own time with a **Juneteenth Reception for Marvin**

K. White, Tues., June 19, 6–7:30 pm, at **Kate & Robin Lucchese's** place. Nibble on choice **Texas-style BBQ from "Smoke"** as we hear poetry and are uplifted by a vision for peace in Oakland and the world! As patrons of peace in the East Bay, through the work of the **Oakland Peace Center (OPC)** and beloved **Marvin K. White**, come prepared to write a meaningful check (made out to Oakland Peace Center) or put your plastic to work for the Kingdom here in our community, as we seek to help raise between \$20,000-25,000 overall to help fund his first year as **Artist In Residence** at the OPC.

RSVP to <http://evite.me/v22sjv5gAd> by **Sun., June 17**. There is plenty of street parking, and the foot-traffic gate will be open from **6–6:30 pm**. After that, push the button by our name or contact **Kate** to be let in.



Compassionate Communication for Parenting Tweens & Teens

This **Sun., June 10, 11:45 am–1:15 pm**, come to a workshop on **Compassionate Communication for Parenting Tweens & Teens** (with a focus on ages 11–16 years), in the **Pillar Room**.

The 90-minute workshop, which includes a Powerpoint presentation and lots of interactive work, will be presented by **Corrie Ordway**, an early childhood educator by profession, who has been working with children and families for more than 15 years. Corrie is trained in Non-Violent Communication/Compassionate Communication.

Snacks and seltzer will be provided. Contact **Rachel Sing** for more info. Let **Carolyn Ash** know if you need childcare (children ages 0–11 yrs) at clash@fccb.org. Invite your friends! It's a great way to introduce them to our church.



At last week's All Ages Sunday worship service, our children sang and provided joyful percussion accompaniment to the music!



Weekly Calendar

Sunday June 10

WORSHIP
10 am, Sanctuary
AFTER PARTY
11:15 am, Terrace
OPERATION LOVE NOTES
11:15 am, Terrace
SECOND SUNDAY SANDWICHES
11:15 am, Cloister
COMPASSIONATE PARENTING WORKSHOP
11:45 am, Pillar Room
MENTAL HEALTH PROMOTION SEMINAR
11:45 am, Loper Chapel
NEW MEMBERS CLASS
11:45 am, Durant House
WINTHROP WORK CAMP PLANNING MEETING
4 pm, Tower Room

Tuesday 12

REV. MOLLY'S OFFICE HOURS
No office hours this week
STAFF MEETING
1 pm, Durant House
KNIT, CROCHET & PRAY
5 pm, Durant House
WORSHIP & SPIRITUAL LIFE
7 pm, Durant House
JUSTICE & SERVICE
7:30 pm, Loper Chapel

Wednesday 13

BIBLE STUDY
7 pm, Durant House

Thursday 14

ADULT EDUCATION
6 pm, Durant House
FIRST CHURCH BELL CHOIR POTLUCK
6 pm, Pillar Room

Saturday 16

MINDFUL CAREGIVING
9 am, Loper Chapel

Gathering for First Churchers East of the Caldecott Tunnel

If you live **east of the Caldecott Tunnel**, you are invited to a **potluck lunch, Sat., June 30 at 11:30 am**, at **Linda & Ron Elsdon's** home. Please let them know by **Sun., June 24** if you will be coming.

FCCB Book Group

Fri., Jun. 8— *Country Driving* by Peter Hessler at **Mary-Ellis Adams' home** (1721 Tacoma Ave., Berkeley).

Winthrop News

thilton@fccb.org

• **Sun., June 10, 4 pm**, Work Camp planning meeting, *Tower Room*