Advent & Christmas 2024: Star Stuff

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Sun	Mon	Tue	Wed	Thu	Fri	V~ /
1 First Sunday in Advent Set up your advent wreath and creche. Include a star, far away but calling to all.	2 Make a star out of cardboard & foil. Carry it in your pocket till Epiphany, to remind you of where you come from.	Pray for someone on the other side of the political divide from you. Try to mean it.	4 Pick one star in the sky tonight—let her be your companion this month. Communicate in code.	Do a small thing that might turn out to be a big thing re: reconciliation.	6 Write down three things that still give you hope. Set them on the first 3 stars you see tonight. Rest.	7 Make a pillow fort and hide in it. Tell yourself or a friend a Christmas story about Jesus and a star: Make it up if you don't know one!
8 Second Sunday in Advent Do a small thing that might turn out to be a big thing re: kindness.	9 Read about a tyrant, real or pretend. Remem- ber no tyrant lives forev- er, and many are deposed because wise ones keep walking toward the light.	10 Walking by government buildings, pray for the people inside: flickering stars who need encouragement.	n After you bathe, stand naked in front of the mirror. Marvel that every part of you was born from the heavens.	12 Dia de Guadalupe ~ make Guadalupe's star- spangled headscarf, and sing or shout the Magnificat, Luke 1:46-55	13 I's OK to veg. There's more than one way to stargaze. Get together with someone you like and watch a Christmas movie tonight.	14 Ask for, and receive, a heart to heart hug from at least 3 people. Hold for six seconds or more.
15 Third Sunday in Advent Put on body glitter, turn off the lights, and dance to Sly and the Family Stone's "Everybody is a Star."	16 Light a candle and leave it burning in a window all night (maybe an LED). Pray that it might guide someone home.	17 Go gaze at the sky tonight. Draw a new constellation with your finger. What shape does it make, what story about God does it tell?	18 Look up at the day sky. Your star friend is there, even though you can't see her. God too, though invisible, is just as real. Reach up & hold.	The fastest pulsar spins at 42,960 revolu- tions per minute. Can you beat that? Try!	20 Set your alarm for a random time in the middle of the night (don't look). When it goes off, go look out your window at Crea-	21 Winter Solstice Light your house entirely with tealights tonight. Pretend they are stars and you are a spaceship. Dwell among them.
22 Fourth Sunday Spend time with a creche, wondering about each figure's fears, motivations and hopes. Go to church and pray for them.	Wear a sign today that says "you are stardust and made of Heaven itself."	24 Christmas Eve Wear beautiful jewel- ry—heavy metals were created by two stars smashing. You are smashing too!	Jesus is here! Be the baby. Swaddle, nap, cry if you need attention.	Listen and sing along to this new Christmas song by Rob Lev- eridge: tiny.cc/r28wzz	27 The smallest stars have the longest lifespan. Don't burn out too soon—small as you are, you will endure.	Go for a night walk without GPS. Look for your star-friend and let her guide you home.
29 Your star is wishing on YOU. What is her wish?	30 Watch Sean the Science Kid talk about the mira- cle you are: tiny.cc/r28wzz	31 New Year's Eve New stars keep getting born. Look at a dark corner of the sky, and imagine a dazzling new arrival.	1 New Year's Day Wake up early & watch the sunrise. Feel the turning of the world. The Light is getting stronger, however it may seem.	Do a small thing that might turn out to be a big thing re: a new connection.	3 Learn about one of your ancestors. Be guided by them: the good they have done, or the cautionary tale.	Get your face in the sun, bright morning star, for 15 minutes today.

